

Epilepsy

Another study by Dr. Swingle used EFT as a treatment for children diagnosed with epilepsy. The children were administered EFT by their parents every time each day that the parents suspected a seizure might occur. Swingle found significant reductions in seizure frequency among these very young children, as well as extensive clinical improvement in the children's EEG readings after exposure to two weeks of daily in-home EFT treatment, an impressive result. This study has not yet been written up but can be cited as follows: Swingle, P. (May, 2000). Effects of the Emotional Freedom Techniques (EFT) method on seizure frequency in children diagnosed with epilepsy. Paper presented at the annual meeting of the Association for Comprehensive Energy Psychology, Las Vegas, NV.